

Description of Breakout Groups for Obesity Summit

A. Health Care and Health Plans

This group will review and discuss all objectives that create policies, programs or environmental changes or supports in the health care system to reduce the prevalence of obesity and associated risk factors, including poor dietary choices, physical inactivity, excessive screen time and formula feeding.

B. Worksites

This group will review and discuss all objectives that create policies, programs or environmental changes or supports in worksites that support healthy eating and active living.

C. Schools and After School Programs

This group will review and discuss all objectives that create policies, programs or environmental supports in schools and school-based after-school programs that promote healthy eating and active living.

D. Early Childhood Settings

This group will review and discuss all objectives that create policies, programs or environmental supports that support healthy eating and active living in all settings where preschool children spend time, including homes, home-based child care, licensed child care facilities, preschools.

E. Community Based Programs and Resources

This group will review and discuss all objectives that create policies, programs and environmental supports that promote healthy eating and active living in community-based organizations including faith-based organizations, community-based after-school programs, senior citizen programs, minority health promotion centers, CAP agencies, YMCA's, Boys and Girls Clubs, etc.

F. Community Access to Physical Activity (Built Environment)

This group will review and discuss all objectives that create policies, programs, environmental supports or changes in the built environment that make it easier for people to be physically active. Examples include objectives to create bike paths, trails, sidewalks, change zoning ordinances, safe crosswalks, etc.

G. Community Access to Healthy Food (Built Environment)

This group will review and discuss all objectives that create policies, programs, environmental supports or changes in the built environment that make it easier for people to purchase and consume healthy foods and beverages. Examples include objectives that increase transportation to healthy food outlets, offer tax incentives to grocery stores to relocate in underserved areas, start farmers' markets, community gardens, etc.

H. Data, Surveillance and Research

This group will review and discuss all objectives relating to obesity-related data collection, analysis, surveillance and research.

I. Communication/Media

This group will review and discuss all communication objectives regarding healthy eating, active living, screen time and breastfeeding including health promotion and social marketing campaigns, creating and disseminating consistent messages, media advocacy, etc.

J. Breastfeeding

This group will review and discuss all objectives that create policies, programs or environmental changes to promote and support breastfeeding.